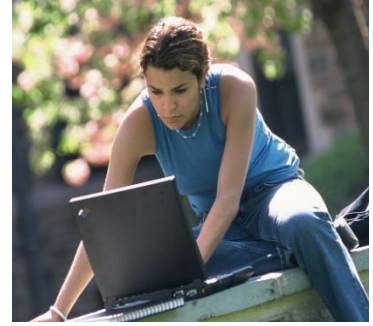


Health and Wellness Resource Links



Abuse/Domestic Violence

- <http://www.knowtheredflags.com>
- <http://www.womenslaw.org>
- <http://www.breakthecycle.org/>
- <http://relationship.lifetips.com/cat/64781/abusive-relationships/index.html>

Alcohol/Drug Abuse

- <http://www.niaaa.nih.gov/>
- <http://www.nida.nih.gov/>
- <http://www.asam.org/>
- <http://www.drugfree.org/>
- <http://www.aa.org>

Arthritis

- <http://www.arthritis.org/>
- <http://www.arthritis.com/>

Asthma/Allergy

- <http://www.aanma.org/>
- <http://www.aafa.org/>

Audiology/Hearing

- <http://www.audiology.org/>
- <http://www.theearfound.com/>
- <http://www.audiologyawareness.com/>
- <http://www.asha.org/default.htm>

Body Art-Tattooing & Piercing

- <http://www.cdc.gov/Features/BodyArt/>
- <http://bodyartguide.info/female-body-art/female-body-art>

Breast Cancer

- <http://www.nationalbreastcancer.org/>
- <http://www.nbcam.org/>
- <http://www.thebreastcancersite.com/clickToGive/home.faces?siteId=2>
- <http://www.holisticonline.com/cancer/breast-self-examn.htm>

Cancer

- <http://www.cancer.gov/>
- <http://www.cancer.org/docroot/home/index.asp>
- <http://cancer.about.com/od/causes/tp/topreventcancer.htm>

Dental Health

- <http://www.ada.org/>
- <http://www.adha.org/oralhealth/index.html>
- <http://www.simplestepsdental.com>

Depression

- <http://depressionhurts.com/index.jsp>
- <http://www.med.nyu.edu/psych/screens/odst.html>
- <http://www.helpguide.org/mental/depression/tips.htm>

Diabetes

- <http://www.diabetes.org/about-diabetes.jsp>
- <http://www.cdc.gov/diabetes/>
- <http://www.diabetesselfmanagement.com/blog>

Eating Disorders

- <http://mentalhealth.samhsa.gov/publications/allpubs/ken98-0047/default.asp>

Environmental Health

- <http://www.health.state.ny.us/environmental/>
- <http://www.occmedgroup.com/>
- <http://www.environmentaldefense.org/home.cfm>

Flu- Pandemic

- <http://www.pandemicflu.gov/>
- <http://www.cdc.gov/flu/avian/>
- <http://www.redcross.org/news/ds/panflu/>

Grief

- <http://www.growingthroughgrief.com/>
- <http://www.gvsl.org/>
- <http://www.webhealing.com/>

Heart Disease

- <http://www.americanheart.org>
- <http://www.lifeheart.com/>
- <http://www.womenheart.org/index.as>

[HIV/STD](#)

- <http://thebody.com>
- <http://hivpositive.com>
- <http://healingwell.com/AIDS/>

[Holistic Health Care](#)

- <http://www.hhnews.com/>
- <http://www.holisticonline.com/>
- <http://www.shareguide.com/>

[Hypertension](#)

- <http://www.bpsuccesszone.com>
- <http://www.ash-us.org/>
- <http://www.symptoms-of-hypertension.com/>

[Immunizations](#)

- <http://www.cdc.gov/vaccines/>
- <http://www.immunizationinfo.org/>
- <http://www.vaccineinformation.org/>
- <http://www.cdc.gov/vaccines/>

[International Travel](#)

- <http://www.who.int/ith/en/>
- <http://www.travelersvaccines.com/>

[Lyme Disease](#)

- <http://www.cdc.gov/ncidod/dvbid/lyme/>
- <http://www.lyme.org/>

[Measles, Mumps, Rubella](#)

- <http://www.immunize.org/>
- http://www.health.state.ny.us/diseases/communicable/measles/fact_sheet.htm
- http://www.health.state.ny.us/diseases/communicable/mumps/fact_sheet.htm
- http://www.health.state.ny.us/diseases/communicable/rubella/fact_sheet.htm

[Meningitis](#)

- http://www.immunize.org/askexperts/experts_men.asp
- http://www.health.state.ny.us/diseases/communicable/meningococcal/fact_sheet.htm

[Menopause](#)

- <http://www.menopause.org/>
- <http://www.medicinenet.com/menopause/article.htm>
- <http://www.menopause-online.com/>

Mental Health

- <http://www.nimh.nih.gov/>
- http://www.who.int/mental_health/en/
- <http://mentalhealth.samhsa.gov/>

New York State Department of Health

- <http://www.health.state.ny.us/>

Nutrition

- <http://www.nutrition.gov/>
- <http://www.nutritiondata.com/>

Obesity

- <http://www.obesityresearch.nih.gov/>
- <http://www.cdc.gov/nccdphp/dnpa/index.htm>

Occupational Safety & Health Administration

- <http://www.osha.gov/>

Rape

- <http://www.aware.org/>
- <http://www.rapevictimadvocates.org>

Relationships

- <http://psychologytoday.com/topics/relationships.html>
- <http://www.relationshipheadquarters.com/>
- <http://relationship.lifetips.com/>

Self Help/Support Groups

- <http://www.selfgrowth.com/>
- <http://www.psychologicalselfhelp.org/>
- <http://www.newyorkcitymetro.com/supportgroups.htm>
- http://www.omh.state.ny.us/omhweb/ebp/adult_selfhelp.htm
- <http://www.northshorelij.com/body.cfm?id=831>

Self Mutilation/Cutting

- <http://www.coolnurse.com/self-injury.htm>
- http://www.kidshealth.org/teen/your_mind/mental_health/cutting.html
- <http://www.mayoclinic.com/health/self-injury/DS00775>

Sexually Transmitted Diseases

- <http://www.cdc.gov/STD/>
- [http://www.who.int/topics/sexually transmitted infections/en/](http://www.who.int/topics/sexually_transmitted_infections/en/)
- <http://www.mjbovo.com/Contracept/STD.htm>

Sickle Cell

- <http://www.scinfo.org/>
- http://www.sicklecelldisease.org/about_scd/
- http://www.medicinenet.com/sickle_cell/article.htm

Skin Disorders

- <http://www.disorderskin.com/>
- <http://www.lib.uiowa.edu/hardin/md/derm.html>
- <http://www.noah-health.org/en/skin/>

Smoking Cessation

- <http://www.lungusa.org>
- <http://www.cdc.gov/tobacco/>
- <http://www.nysmokefree.com>

Stress Management

- <http://www.stress.org/>
- <http://www.coolware.com/health/joel/stress.html>

Suicide

- <http://www.save.org/>
- <http://suicidal.com/>

Urinary Tract Infection

- <http://kidney.niddk.nih.gov/kudiseases/pubs/utiadult/>
- <http://www.mayoclinic.com/health/urinary-tract-infection/DS00286>
- http://www.emedicinehealth.com/urinary_tract_infections/article_em.htm
- <http://www.netdoctor.co.uk/menshealth/facts/urinaryinfection.htm>

Tuberculosis

- <http://www.cdc.gov/tb>
- <http://www.who.int/topics/tuberculosis/en/>

Women's Health

- <http://www.womenshealthchannel.com/>
- <http://www.fda.gov/womens>
- <http://www.healthywomen.org/>
- <http://www.fruitionhealth.com/>